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Headline:

An invitation to abandon fast faith in a culture that deifies speed and demonizes waiting

Subhead:

The author of 40 Days of Decrease, spiritual mentor Dr. Alicia Britt Chole, calls us to unhurried honesty with God in her new release, The Sacred Slow: A Holy Departure From Fast Faith.

Body:

September 26.

Nashville, Tenn. / September 19, 2017 / PRWeb – In a culture that equates faster with better, Dr. Alicia Britt Chole invites all into the sacredness of a slower, steadier, more sustainable intimacy with Jesus. In *The Sacred Slow: A Holy Departure From Fast Faith*, Chole offers a proven, accessible path for readers through 52 readings and exercises that can be taken at one's own pace. Each chapter encourages readers to see every moment (not just the next event, project, or dream) as an opportunity to live intimately with God. The tone is at once personal, practical and piercing. *The Sacred Slow* (W Publishing Group, ISBN: 9780718094300) is available wherever books are sold on

"In our hurried, cluttered age, faster has become synonymous with better, and experience has become a substitute for relationship," Chole says. She argues, though, that faster experiences do not necessarily translate into better relationships – with God or with others.

The Sacred Slow is deliberately designed to help readers experience true, honest and intimate life with God. Those who count C.S. Lewis, A.W. Tozer and Tim Keller among favorite authors will find Chole's writing to be equally thought provoking.

"The title *The Sacred Slow* not only describes the content but also describes Alicia and her writing. When you read Alicia's writing, you quickly know she is a person who has a deep, rich, winsome, and life-giving relationship with God. She is such a gifted writer that every sentence and paragraph must be slowly pondered and absorbed. This book is a wonderful blend of insight, inspiration, and invitation." –Lance Witt, Founder, Replenish Ministries

Author Bio: Dr. Alicia Britt Chole is a wordsmith, skillful mentor, award-winning writer and international speaker. A former atheist, Alicia has authored multiple books including *Anonymous: Jesus' Hidden Years and Yours* and *40 Days of Decrease: A Different Kind of Hunger. A Different Kind of Fast.* She holds a D.Min. in leadership and spiritual formation from George Fox Seminary and serves as the founding director of Leadership Investment Intensives, Inc., a nonprofit devoted to providing customized soul-care for leaders in business and the church. Alicia lives in the Ozarks with her husband and three children.

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